

PARKER COLLINS

FAMILY MENTAL HEALTH

Release of Information

| | | | |
|--------------|--|-------------|--|
| Client name: | | Client DOB: | |
|--------------|--|-------------|--|

I understand that my health information may be protected by the Federal Rules for Privacy of Individually Identifiable Information (Title 45 of the Code of Federal Regulations, Parts 160 and 164, Title 42 of the Code of Federal Regulations, Chapter I, Part 2), and/or state laws. I understand that my health information may be subject to re-disclosure by the recipient and that if the organization or person authorized to receive the information is not a health plan or health care provider, the released information may no longer be protected by the Federal privacy regulations.

I understand that my records may contain information regarding my mental health, substance use or dependency, or sexuality, and also may contain confidential HIV/AIDS – related information. I further understand that by signing below, I am authorizing the release or exchange of these records to the parties named below. I understand that this authorization is voluntary and that I may revoke this authorization at any time by notifying Parker Collins in writing, but if I do, it will not have any effect on any actions Parker Collins took before it received the revocation.

I hereby authorize Parker Collins Family Mental Health, PLLC or designated staff to (check all that apply):

- | | |
|---|--|
| <input type="checkbox"/> Obtain records/information from: | <input type="checkbox"/> Release Records/information to: |
| <input type="checkbox"/> verbally: | <input type="checkbox"/> in writing: |

Contact Name: _____
Agency: _____

Phone: _____ Fax: _____

The information to be disclosed is:

- | | |
|--|--|
| <input type="checkbox"/> Mental health status report | <input type="checkbox"/> Psychological / psychiatric / intellectual assessment |
| <input type="checkbox"/> Progress notes / Treatment Plan | <input type="checkbox"/> Verification of program engagement / participation |
| <input type="checkbox"/> Chemical dependency evaluation | <input type="checkbox"/> Summary of presenting problem(s), diagnostic findings, treatment, discharge and summaries |
| <input type="checkbox"/> Case management notes | <input type="checkbox"/> Medical reports / health history |
| <input type="checkbox"/> Family/ social history | <input type="checkbox"/> School reports |
| <input type="checkbox"/> Court and probation records | |

Other (specify): _____

For the purpose of: (please specify why information is being disclosed):

- Evaluation report Treatment planning Record completion At the request of the individual
 other: Care coordination

I understand that this authorization will expire on: _____ or within one year from the below date, whichever is earlier.

| | |
|--|---------------|
| _____ Signature of individual authorizing release | _____ Date |
| _____ Signature of witness (if required) | _____ Date |
| _____ Signature of parent/guardian (if required) | _____ Date |

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Adolescent DBT Group Referral Form

CLIENT DEMOGRAPHICS

Referring Clinician: _____ Clinician NPI: _____
Client Name: _____ Preferred Name: _____
Client DOB: _____ Client Age: _____
Client Phone Number: _____ Client Gender: _____
Parent/Guardian Name: _____ Parent Phone Number: _____

Diagnosis:

| |
|--|
| |
|--|

REFERRAL SOURCE INFORMATION

Skip if the referral source is the same on the attached release of information.

| | | | |
|---------------|--|------|--|
| Contact Name: | | | |
| Agency: | | | |
| Phone: | | Fax: | |

INSURANCE INFORMATION

Insurer:

Insurance ID:

Insurance Group:

Authorization Required for Assessment (Yes/No):

Date of Diagnostic Assessment*:

***Please be sure to include the most recent DA with referral.**

REFERRAL INFORMATION

(To be Completed by Referring Clinician)

Reason for Referral: [Click here to enter text.](#)

Psychosocial and Environmental Concerns: [Click here to enter text.](#)

Is the client currently seeing a Mental Health Provider? Who? [Click here to enter text.](#)

List All Known Medical Concerns/ Issues: [Click here to enter text.](#)

List All Medications: [Click here to enter text.](#)

History of Substance Abuse (describe substance abuse history including substance use, last use, age at first use, treatment history, and outcome of treatment)

[Click here to enter text.](#)

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| Substance | Age of first use | Frequency /duration | Notes |
|--------------|------------------|---------------------|-------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| Other: Notes | | | |

Please check the following criteria relevant to the client:

- 12-17 years old
- Experiencing a mental health crisis
- Intentional Self Harm (suicidal & non-suicidal)
- Diagnosis of disruptive mood dysregulation disorder
- Other mental health diagnoses including, but not limited to, a substance-related and addictive disorder
- Decompensation of mental health symptoms
- Risky impulsive behavior
- At risk for a need for a higher level of care, such as hospitalization or partial hospitalization
- Currently having chronic self-harm thoughts or urges (suicidal or non-suicidal) although the person has managed to not act on them

Please indicate areas of functional impairment relevant to the client:

- Emotional dysregulation
- Interpersonal problems
- Reduced awareness and focus
- Impulsivity (including avoidance)
- Teenager and family challenges